

Welcome to Lewiston, Transform Wellness Studio



Transform Wellness Studio opened in 2020 during the pandemic. Two years later, the Niagara River Region Chamber of Commerce was finally able to celebrate the success of the business with owner Christina Venditti. She was joined by friends, family, elected and community leaders and the Niagara River Region Chamber of Commerce for a ribbon-cutting ceremony this week. Transform Wellness Studio is located at 779 Cayuga St., Suite 2, Lewiston. (Photo by Kevin Krisnosky, Chamber of Commerce board member)



Students from Lewiston and Grand Island dance centers pose with Jon Lehrer.

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Sept. 7-11 - NYC/Washington

Sept. 14 - Sprague's Maple Farm /Casino

Sept. 16-20 - Vermont/N. Hamp/Maine

Sept. 27-Oct 3 - Great Smoky Mts/Nashville

Oct. 12-14 - Trains & Trolleys of Pennsylvania

Oct. 19 - Spragues Maple Farm /Casino

Oct. 21 - Lucy Tour - Museums/Nat. Comedy Ctr/
Lunch - Jamestown

**★ RAMBLIN' LOU FAMILY BAND
Summer Concerts**

July 14 - Veterans Park - 582 Terrace Blvd. Depew 7-9pm

July 18 - CANAL FEST - NEW - Canal Park Pavilion - Main
& Niagara St., Tonawanda (along the Canal) 7-9pm

August 9 - M&T Bank - (downtown) Buffalo Noon-1pm

August 10-17 Erie County Fair - Hamburg, NY

Daily Show 6-7:15pm - (First 8 Days of Fair)
Ave. of Flags stage, Near Gate #2

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Lewiston Dance Center hosts workshop with Jon Lehrer Dance Company

Jon Lehrer, founder and director of the Lehrer Dance Company, recently came to Lewiston Dance Center, 781 Cayuga St., to teach a workshop to teenage dancers. He explained how the dancers in his company use “physics” to build athleticism and beauty of movement. Lehrer and two company members explained, demonstrated and then taught them (and Grand Island Dance Center students) how to use momentum to get dynamic movement. Lehrer Dance Company is presently in residence at Artpark. “When Jon contacted me to say they were coming to Artpark to make a movie this season, I was so pleased that he had some time

to give to our teen dancers by coming and doing a workshop,” studio director Rachel Novelli said. “He gave them a wonderful class, and learning from Jon and his company members gives our dancers such insight into what is possible through dance.” Lewiston and Grand Island dance centers are just finishing up a short summer dance session that runs for the month of June. They finished their regular dance season in May. Coming up for the studios: the Lewiston bicentennial and Grand Island Fourth of July parades. For more information, or to learn more about camps and classes, visit lewistondance.com.